

# Medications (Maychi)

## Current Medications

Please review your medications, and verify that the list is up to date. **When you present for care, your medications will be quickly reviewed and verified.**

Click on Learn More to see additional information regarding a medication. Medications that have been filled at an Inova Pharmacy will show the last dispensed date, Rx number and remaining refills.

You can click **Request Refills** to initiate a refill from an Inova pharmacy or to ask for authorization of additional refills by your doctor.

If you have pending changes to this list, you may want to review them at the bottom of this page or request additional updates.


**Call 911 if you have an emergency.**

### polyethylene glycol 17 g packet

Commonly known as: **MIRALAX**

**Constipation - 1/1**

Take 17 g by mouth daily as needed (constipation)

 This prescription cannot be refilled through MyChart at this time.

#### Prescription Details

Prescribed March 7, 2023

Approved by Mythri Mudireddy

#### Refill Details

Quantity 10 packets

Day supply 10

#### Pharmacy Details

CVS/pharmacy #1389 - OAKTON, VA - 2912 CHAIN BRIDGE ROAD AT OAKTON

SHOPPING CENTER

2912 CHAIN BRIDGE ROAD, OAKTON VA 22124

703-281-4444

Macrogol 3350, often in combination with electrolytes, is used for short-term relief of constipation as well as for long-term use in constipation of various causes, including in multiple sclerosis and Parkinson's disease patients (an often-overlooked non-motor symptom) as well as constipation caused by pharmaceutical drugs such as opioids and anticholinergics.

Whole bowel irrigation with macrogol is part of the bowel preparation before surgery or colonoscopy. Limited data also support its use for the treatment of fecal impaction.

Macrogol, also known as polyethylene glycol (PEG), is used as a medication to treat constipation in children and adults. It is also used to empty the bowels before a colonoscopy. It is classified as an osmotic laxative. It works by increasing the amount of water in the stool.

It is taken by mouth. Benefits usually occur within three days. Generally it is only recommended for up to two weeks. It is also used as an excipient.

Side effects may include increased bowel gas, abdominal pain, and nausea. Rare but serious side effects may include an abnormal heartbeat, seizures, and kidney problems.

## **OLANzapine 5 MG tablet**

Commonly known as: **ZyPREXA**

**Nausea + Depression - 1/3**

Take 1 tablet (5 mg) by mouth nightly On days 1-4 and 8-11 of each chemotherapy cycle.

### **Prescription Details**

Prescribed March 6, 2023

Approved by Jennifer Espinola

### **Refill Details**

Quantity 48 tablets

Day supply 48

### **Pharmacy Details**

CVS/pharmacy #1389 - OAKTON, VA - 2912 CHAIN BRIDGE ROAD AT OAKTON SHOPPING CENTER

2912 CHAIN BRIDGE ROAD, OAKTON VA 22124

703-281-4444

Olanzapine is used to treat schizophrenia. It may also be used alone or with other medicines (eg, lithium or valproate) to treat mania or mixed episodes that is part of bipolar disorder (manic-depressive illness).

It is also used off-label to prevent nausea and vomiting caused by chemotherapy.

### **Side effects:**

**Bloating or swelling of the face, arms, hands, lower legs, or feet.**  
**change in vision.**  
**change in walking and balance.**  
**clumsiness or unsteadiness.**  
**difficulty with speaking.**  
**difficulty with swallowing.**  
**drooling.**  
**impaired vision.**

## **LORazepam 1 MG tablet**

Commonly known as: **ATIVAN**

**Nausea + Anxiety - 2/3**

Take 1 tablet (1 mg) by mouth every 6 hours as needed for anticipatory nausea or nausea/vomiting not controlled by Ondansetron.

### **Prescription Details**

Prescribed March 6, 2023

Approved by Jennifer Espinola

### **Refill Details**

Quantity 30 tablets

### **Pharmacy Details**

CVS/pharmacy #1389 - OAKTON, VA - 2912 CHAIN BRIDGE ROAD AT OAKTON SHOPPING CENTER

2912 CHAIN BRIDGE ROAD, OAKTON VA 22124

703-281-4444

Lorazepam is used to relieve anxiety. Lorazepam is also used to treat insomnia caused by anxiety or temporary situational stress.

Lorazepam is in a class of medications called benzodiazepines. It works by slowing activity in the brain to allow for relaxation.

**Lorazepam is commonly taken to prevent anticipatory nausea and vomiting before chemotherapy, or to treat nausea or vomiting that does not go away after treatment with other anti-nausea medications.**

### **Sedative**

It can treat seizure disorders, such as epilepsy. It can also be used before surgery and medical procedures to relieve anxiety.

### **Controlled substance**

Can cause paranoid or suicidal ideation and impair memory, judgment, and coordination. Combining with other substances, particularly alcohol, can slow breathing and possibly lead to death.

**Ask your doctor before using LORazepam together with OLANzapine. This can cause low blood pressure, shallow breathing, weak pulse, muscle weakness, drowsiness, dizziness and slurred speech. This may be more likely to occur in older adults or those with a debilitating condition.**

## lidocaine-prilocaine cream

Commonly known as: **EMLA**

**Numbing - 1/1**

Apply topically once for 1 dose Apply to **mediport site** one (1) hour before chemotherapy and cover.

### Prescription Details

Prescribed March 2, 2023

Approved by Raymond C Wadlow

### Refill Details

Quantity 30 g

### Pharmacy Details

CVS/pharmacy #1389 - OAKTON, VA - 2912 CHAIN BRIDGE ROAD AT OAKTON

SHOPPING CENTER

2912 CHAIN BRIDGE ROAD, OAKTON VA 22124

703-281-4444

**LIDOCAINE; PRILOCAINE (LYE doe kane; PRIL oh kane) is a topical anesthetic that causes loss of feeling in the skin and surrounding tissues.**


**It is usually applied at least 1 hour before needle sticks and 2 hours before minor skin procedures.**

Use this medication only on normal skin and the genital area. Do not apply to broken/irritated skin or open wounds unless directed by your doctor. Wash your hands before using this product.

## CYANOCOBALAMIN PO

every other day

**B12**

 This prescription cannot be refilled through MyChart at this time.

### Prescription Details


Started taking July 2, 2021

Documented by Andre B

## dexAMETHasone 4 MG tablet

Commonly known as: **DECADRON**

**inflammation - 1/1**

 This prescription cannot be refilled through MyChart at this time.

### Prescription Details

Started taking December 29, 2022

Documented by Andre B

Corticosteroids, often known as steroids, are an anti-inflammatory medicine.

Common side effects may include:

- fluid retention (swelling in your hands or ankles);
- increased appetite;
- mood changes, trouble sleeping;
- skin rash, bruising or discoloration;
- acne, increased sweating, increased hair growth;
- headache, dizziness;
- nausea, vomiting, upset stomach;

**Dexamethasone is long-acting medication and is considered to be a potent, or strong, steroid. It is 6 times more potent (strong) than prednisone. Dexamethasone can give people an increase in energy. They may also develop insomnia, or difficulty sleeping. (better take in the morning)**


**Decadron (dexamethasone) is a corticosteroid, similar to a natural hormone produced by the adrenal glands, used to treat arthritis, skin, blood, kidney, eye, thyroid, intestinal disorders, severe allergies, and asthma. Decadron is also used to treat certain types of cancer and occasionally, cerebral edema.**

## donepezil 10 MG tablet

Commonly known as: **ARICEPT**

**Dementia - 1/1**

Take 1 tablet by mouth nightly

 This prescription cannot be refilled through MyChart at this time.

### Prescription Details

Started taking July 1, 2020

Documented by Andre B

Donepezil is a medicine that helps with some types of dementia. It does not cure dementia. However, it treats some of the symptoms of Alzheimer's disease, Parkinson's disease or dementia with Lewy bodies. It can also help with "mixed dementia".


Donepezil most commonly causes stomach-related side effects, such as nausea, diarrhea, and appetite changes.

## entecavir 0.5 MG tablet

Commonly known as: **BARACLUDE**

**HEP - 1/1**

Take 1 tablet by mouth daily

 This prescription cannot be refilled through MyChart at this time.

### Prescription Details

Started taking January 1, 2015

Documented by Andre B

Side effects: Headache, tiredness, dizziness, or nausea may occur.

Entecavir is used to treat liver infection caused by hepatitis B virus. It belongs to the family of medicines called antivirals. Antivirals are used to treat infections that are caused by viruses. This medicine will not cure the hepatitis B virus, but it will keep it from reproducing and causing more liver damage.

Take this medication by mouth on an empty stomach (at least 2 hours after a meal and 2 hours before the next meal) as directed.


It is very important to continue taking this medication exactly as prescribed by your doctor. Do not skip any doses.

## ondansetron 8 MG disintegrating tablet

Commonly known as: **ZOFRAN-ODT**

**Nausea +Anxiety - 3/3**

Take 8 mg by mouth every 8 (eight) hours as needed

 This prescription cannot be refilled through MyChart at this time.

### Prescription Details

Started taking November 18, 2022

Documented by Andre B

Ondansetron is used to prevent nausea and vomiting caused by cancer chemotherapy, radiation therapy, and surgery. Ondansetron is in a class of medications called serotonin 5-HT<sub>3</sub> receptor antagonists. It works by blocking the action of serotonin, a natural substance that may cause nausea and vomiting.

common side effects of ondansetron can include: headache, diarrhea, and CONSTIPATION.


Ondansetron's ability to improve symptoms of depression, anxiety, and hostility among EOA may make an additional contribution to its therapeutic effect.

## timolol maleate 0.5 % Soln

Commonly known as: **ISTALOL**

Eye - 1/1

0 Refills

 This prescription cannot be refilled through MyChart at this time.

### Prescription Details

Started taking July 2, 2021

Documented by Andre B

This medication is a beta-blocker, is used to treat high pressure inside the eye due to glaucoma (open angle-type) or other eye diseases (such as ocular hypertension).

Use this medication regularly in order to get the most benefit from it. To help you remember, use it at the same time(s) each day. Keep using this medication even if you feel well. Most people with glaucoma or high pressure in the eyes do not feel sick.


Side effects: Temporary blurred vision, temporary burning/stinging/itching/redness of the eye, watery eyes, dry eyes, feeling as if something is in the eye, or headache may occur.

## traMADol 50 MG tablet

Commonly known as: **ULTRAM**

Pain - 1/1

Take 50 mg by mouth every 6 (six) hours as needed

 This prescription cannot be refilled through MyChart at this time.

### Prescription Details

Started taking January 9, 2023

Documented by Andre B

Pain medications work best if they are used as the first signs of pain occur. If you wait until the pain has worsened, the medication may not work as well.

<https://www.webmd.com/drugs/2/drug-4398-5239/tramadol-oral/tramadol-oral/details>

Tramadol belongs to a class of drugs known as opioid analgesics. It works in the brain to change how your body feels and responds to moderate to moderately severe pain.

If you have nausea, it may help to take this drug with food. Ask your doctor or pharmacist about other ways to decrease nausea (such as lying down for 1 to 2 hours with as little head movement as possible).

Suddenly stopping this medication may cause withdrawal, especially if you have used it for a long time or in high doses. To prevent withdrawal, your doctor may lower your dose slowly.

Side effects: Nausea, vomiting, constipation, lightheadedness, dizziness, drowsiness, or headache may occur. Withdrawal side effects: restlessness, mental/mood changes (including anxiety, trouble sleeping, thoughts of suicide), watering eyes, runny nose, nausea, diarrhea, sweating, muscle aches, or sudden changes in behavior.

MyChart® licensed from Epic Systems Corporation © 1999 - 2023

Famotidine is used to treat stomach ulcers (gastric and duodenal), erosive esophagitis (heartburn or acid indigestion), and gastroesophageal reflux disease (GERD). GERD is a condition where the acid in the stomach washes back up into the esophagus.

Brands: Pepcid AC, Pepcid, Acid Controller, Acid Reducer (famotidine), Heartburn Relief (famotidine), and Heartburn Prevention

### Side Effects

Anxiety.

blistering, peeling, or loosening of the skin.

blood in the urine or stools.

bloody, black, or tarry stools.

difficulty breathing.

discouragement.

fast, irregular, pounding, or racing heartbeat or pulse.

feeling sad or empty.

## START taking these medications



**hydrocortisone** 2.5 % cream  
Started by: Andrea C Arango, MD

Apply topically 2 (two) times daily

痔瘡藥膏，止痛，消腫 (氫化可的松乳膏)



**mirtazapine** 15 MG tablet  
Commonly known as: REMERON  
Started by: Andrea C Arango, MD

Take 0.5 tablets (7.5 mg) by mouth nightly

米氮平 - 四環抗抑鬱藥，也可有效控制癌症病人的嘔心嘔吐



**naloxone** 4 MG/0.1ML nasal spray  
Commonly known as: NARCAN  
Started by: Andrea C Arango, MD

1 spray intranasally. If pt does not respond or relapses into respiratory depression call 911. Give additional doses every 2-3 min. 止痛藥使用過量急救用，噴鼻劑



**oxyCODONE** 5 MG immediate release tablet  
Commonly known as: ROXICODONE  
Started by: Andrea C Arango, MD

Take 0.5 tablets (2.5 mg) by mouth every 4 (four) hours as needed for Pain

羟考酮 - 緩解疼痛的口服鴉片類藥物，具有高度成癮性，容易被濫用。服用藥物後該藥在十五分鐘內就能開始緩解疼痛藥效可以持續六個小時